



# Minnesota Baseball Academy

The **MYAS** and the **Minnesota Baseball Academy** are proud to present the 2007/2008 Gopher State Winter Baseball Camps! Adam Barta, John Anderson and the Gophers' own Luke Appert will be the lead instructors at this year's camps. The MBA will use live Dartfish Slow Motion Video Analysis on every participant and will have no more than a 4:1 player to instructor ratio. Every participant will receive a Winter Camp t-shirt. Expectations for the Winter Camps are to Teach, Correct, Educate, Enhance, Evaluate and HAVE FUN!



Minnesota Youth Athletic Services  
4111 Central Avenue NE, Suite 208  
Columbia Heights, MN 55421  
Phone (763) 781-2220  
[www.myas.org](http://www.myas.org)

<u>Camp</u>	<u>Dates</u>	<u>Times</u>
Thanksgiving Camp	Nov. 23-24, 2007	1*
Youth Elite Tryout 11U & 12U	Nov. 25, 2007	2*
Christmas Hitting Camp	Dec. 15-16, 2007	1*
Martin Luther King Jr. Camp	Jan. 20-21, 2008	1*
Presidents Day Hitting Camp	Feb. 18, 2008	3*
Try-Out Prep Camp	Mar. 8-9, 2008	4*
March Madness Camp	Mar. 22, 2008	3*

**Camp Times:** \*1 Ages 8-12 10am-12pm; Ages 13-18 12:30-2:30pm  
 \*2 Ages 11 10-11:30am; Ages 12 12-1:30pm  
 \*3 Ages 8-12 9am-12pm; Ages 13-18 1-4:00pm  
 \*4 Ages 8-10 8-11am; Ages 11-13 11:30-2:30; Ages 14-18 3-6pm

\*\*\*Camp fees vary, please see additional pages for more information.\*\*\*

Each session will be held at the state of the art Competitive Edge Solutions Arena in Rogers, MN. Sessions will fill up quickly so please register early; camps will be limited to 30 participants per session. For more information, including cost of each camp, entry forms and maps, log on to [www.myas.org](http://www.myas.org) and select Gopher State Winter Baseball Camps or call 763-781-2220.

### The Minnesota Baseball Academy Camp Mission:

To provide an opportunity in which baseball players can learn the fundamentals and mental approach to the game in a fun and safe environment.



# Instructor Bios and Camp Activities

**John Anderson** has nine years of professional playing experience and four years of collegiate coaching experience at USF. Currently he is playing with the Chicago White Sox organization and is the co-owner of the Competitive Edge/MBA.

**Adam Barta** was a four year starter at St. Scholastica and Bethany University. He's spent four years on staff at St. Scholastica as a pitching coach where he led his staff to a nation's best 2.20 ERA. Currently Adam is a scout for the Chicago White Sox and is the co-owner of the Competitive Edge/MBA.

**Luke Appert** was the Golden Gophers all-time hits leader and was also selected as an All Big Ten player. Appert was selected as the Big Ten Player of the Year in 2002 and 2003. Currently Luke is starting his 6th year in the Oakland Athletics organization where he was a 6th round draft pick in 2003. He finished the 2007 season in AA Midland. Luke will take the reins as the lead instructor for the 2007-2008 Gopher State Winter Camps.



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## DESCRIPTION OF WINTER CAMPS STILL AVAILABLE:

### PRESIDENTS DAY CAMP (Monday only)

This one-day camp will be a three hour clinic on hitting. The Dartfish Video Analysis will be used to analyze each players swing. Parents are welcome to come and hear feedback from the video coverage. This camp will be 100% hitting and will feature Adam Olow, St. Paul Saints standout and the 2004 Northern League Batting Champion. **COST: \$75**

### TRYOUT PREP CAMP (2 Day)

Historically this is the most popular camp and will fill up quickly! It is a great camp to get ready for all the spring tryouts that are around the corner. The entire MBA staff will be on hand to cover all hitting, fielding and running. This camp will also feature the Dartfish Video Analysis. Participants in past years have seen great success with their upcoming tryouts. **COST: \$200**

### MARCH MADNESS CAMP (Saturday only)

Want to get a head start on the competition? This camp will feature hitting, fielding, running drills, catching and more! If you are looking for great instruction for a great price this is the camp for you. Many (if not all) of the fundamentals of baseball will be covered in this one-day camp. This camp will feature the Dartfish system where players will have the opportunity to see there swings in a slow motion video analysis. Parents are welcome to view with there player. **COST: \$75**

We have a great staff assembled for this year's Winter Camps! Don't miss out on this wonderful opportunity for instruction. The MBA will also be offering hitting leagues starting in November and running through January. Use these leagues throughout the winter months to keep your skills sharp. Find out more on these leagues by staying posted to the Winter Camp portion of the MYAS website at [www.myas.org](http://www.myas.org).



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