

2019 MYAS REC STATE BASKETBALL CHAMPIONSHIP RULES AND REGULATIONS

National Federation of High School Associations rules will apply to the MYAS Rec State Basketball Championship, with the following modifications.

PLAYER ELIGIBILITY REGULATIONS

Players must participate in a park and recreation, community education or bona fide in-house program. **Players that compete on a travel basketball team are not eligible to participate.** Coaches are allowed to pick up players from other teams in their in-house program. Players may not be recruited from other teams that are planning to participate in the tournament. Players may not be rostered on more than one team for the tournament. The player and the team will be disqualified from the tournament upon discovery of playing on more than one team. Girls may play only on girls' teams and boys may play only on boys' teams. Players may not participate in both the 2019 MYAS Rec State Basketball Championships and the 2019 MYAS Grade State Basketball Championships.

Players must play in the grade division in which they are currently enrolled. It is permissible for a player to play up from their designated grade division, but they may not play down. Example: A 6th grader may play on a 7th grade team, but a 7th grader may not play on a 6th grade team.

If a player is declared ineligible prior to their team's participation in the tournament, the player is disqualified but the team may continue to participate. If a team participates with an ineligible player, the **player, team and head coach** will be disqualified at the time of discovery. Their disqualification will only affect the results from the last game played.

TEAM ELIGIBILITY

The Rec State Basketball Championship is held for teams that participate in a park and recreation, community education or in-house program. Team rosters must be composed of players who reside or attend school within the jurisdiction of the league's drawing area. All-star and/or independent teams are not allowed. An all-star team is defined as a team with players from multiple in-house programs.

High school intramural teams are eligible to participate in the Rec State Basketball Championship. The players on the team must consist of players who did not make their high school team. Players on the intramural team must attend the same high school. Players who played for their high school team during the regular season are not eligible to participate.

Travel basketball teams are not eligible to participate in the Rec State Basketball Championship. A "travel basketball team" is defined as a team emanating from a school or a bona fide community athletic association via a tryout process. (**Note:** Any in-house teams that sign up for the Rec Division of MYAS Super Saver Tournaments are still eligible to participate.)

Teams are not allowed to participate in both the Rec State Basketball Championship and the MYAS Grade State Basketball Championship.

Teams will **not** be required to submit proof of grade (or age) for any rostered players. Rather, each coach should have their grade (and age) verifications with them on site at the Rec State Championship in the event of a player or team protest. Failure to produce grade (and/or age) verification upon request may result in suspension and/or disqualification. **Any team/player protest must be accompanied by a \$100.00 cash protest fee. The protesting team will be verified BEFORE the team/player being protested is verified. The fee will be returned if the protest is upheld; the fee will not be returned if the protest is not valid.**

Special Note: Any unique eligibility situations will be handled on a case by case basis. Decisions on these unique eligibility issues must be made prior to the tournament entry deadline.

If a team is declared ineligible it will be disqualified at the time of discovery. Their disqualification will only affect the results from the last game played.

FORFEIT POLICY

Forfeiting a game at the MYAS Rec State Basketball Championship will result in a \$100 fine. The fine must be paid before the beginning of your next game. Failure to pay the fine will result in suspension of all rostered coaches and players.

PLAYING RULES

1. **Ejection Policy:** Any coach, player or spectator ejected from a contest will be disqualified from participation in that game and the next game. You will be allowed to participate after your disqualification has expired. However, if your ejection was due to "flagrant unsportsmanlike conduct," you will be disqualified for the remainder of the event. Examples of "flagrant unsportsmanlike conduct" include but are not limited to cheating, fighting, repeated abuse of the officials, threats to the officials, repeated use of profane language, etc. Ejections may be appealed to the tournament Protest Committee. The Protest Committee consists of the Tournament Director, Host representative and the referee in charge. Any ruling by the Protest Committee is final.

PLAYER PARTICIPATION RULE

2. **NEW!!** The Player Participation Rule is not in effect for the tournament. Coaches may use any player rotation during the game. However, the coaches are encouraged to play all the rostered players on the team much as possible.
3. **Defense Restrictions:**
 - A. **NEW!!** 3rd-4th grade teams may full-court press in the last two minutes of each half and in overtime periods (see below for **exception**). During the last two minutes of each half and in overtime periods, teams may trap and play zone defense in the back court. After the ball crosses half court, person to person defense must be used. First offense – a warning will be issued; second offense – technical foul.
 - B. **NEW!!** 5th grade teams must play person to person defense in the front court. Teams may trap and play zone defense in the back court
 - C. Teams in 6th grade and above have no restrictions on full and half court defenses. See below for exception.

Exception: NO teams may use a full-court press if they are ahead of their opponent by 20+ points. After the first warning, the penalty for each violation of this rule will be a technical foul.
4. Bonus free throws are awarded on the seventh team foul. Double bonus free throws are awarded on the tenth team foul.
5. The three-point shot is in effect for all age divisions (provided the court is marked with a three point line).
6. Technical fouls will be shot by a player from the offended team.
 - **NEW!!** 3rd and 4th grade teams will shoot free throws from 12 feet
7. **Timing Factors**
 - A. **NEW!!** Boys and girls in all grades and divisions will play two 20-minute, running time halves. The last two minutes of each half will be stop-time.
 - B. If a team is ahead by 20 points or more during the last two minutes of the second half, the remainder of the game will be played under running time. Should the deficit be cut to 10 points or less, the game will resume to stop-time. After a timeout, the clock will start when the ball is touched by any player who is inbounds.
 - C. Time outs are limited to three per team per game and will not exceed 60 seconds. A coach may call time out if their team has possession of the ball and during any dead ball situation.
 - D. Overtime periods will be a continuous series of complete two-minute, stop-time overtime periods until the tie is broken. There will be a 60-second intermission between periods. Each team will be awarded one time out for each overtime period. There is no carryover of time outs from regulation or overtime periods.
 - E. Each team will be given a 10-minute grace period for their first game of the tournament. After a team's first game, game time is forfeit time.

BENCH PERSONNEL

Only players whose names appear on the official tournament roster may sit on the players' bench. This is limited to 12 players and no more than three other persons (i.e. coaches, trainer, scorer, etc.), to a maximum of 15 persons.

EQUIPMENT

1. **NEW!!** Game balls for girls' and boys' 3rd – 4th grade divisions will be the women's sized (27.5) basketball.
2. Game balls for boys' 5th-6th grade and girls' 5th grade and above grade will be the women's sized (28.5) basketball.
3. Game balls for boys' 7th grade and above will be the men's regulation sized basketball
4. Uniforms: Jersey tops (t-shirts are acceptable) must be of identical color and must be numbered. We recommend that numbers be at least four inches high, and **must** be non-duplicate. Teams are encouraged to bring light and dark colored jerseys.
5. First Aid: Each team is responsible for providing their first-aid supplies, water bottles, tape, etc.
6. The basket height is 10 feet for all grade divisions.