**BRINGING TOGETHER THE BEST OF THE MIDWEST & BEYOND**

**PAST TOURNAMENTS HAVE FEATURED WRESTLERS FROM**

MINNESOTA, IOWA, WISCONSIN, NORTH DAKOTA, SOUTH DAKOTA, MICHIGAN, ILLINOIS, OHIO, MISSOURI, NEBRASKA, INDIANA, LOUISIANA, ARIZONA, FLORIDA, TENNESSEE, COLORADO, CALIFORNIA & WYOMING

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<table>
<thead>
<tr>
<th><strong>DATE</strong></th>
<th><strong>LOCATION</strong></th>
<th><strong>ADDRESS</strong></th>
<th><strong>EARLY BIRD DATE</strong></th>
<th><strong>DEADLINE</strong></th>
<th><strong>COMPETITION DATES</strong></th>
<th><strong>FRIDAY WEIGH-IN OPTION</strong></th>
<th><strong>REGISTRATION</strong></th>
<th><strong>ONLINE REGISTRATION ONLY</strong></th>
<th><strong>TRACKWRESTLING</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>YELLOWJACKET NATIONALS</strong></td>
<td>December 14 2019</td>
<td>Rochester Community College</td>
<td>December 6th</td>
<td>December 10th</td>
<td>December 14th</td>
<td>YES</td>
<td>WEBSITE</td>
<td>ONLINE REGISTRATION ONLY</td>
<td>TRACKWRESTLING</td>
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<tr>
<td><strong>BADGERLAND NATIONALS</strong></td>
<td>January 4 2020</td>
<td>La Crosse Center</td>
<td>December 28th</td>
<td>December 30th</td>
<td>January 4th</td>
<td>YES</td>
<td>WEBSITE</td>
<td>ONLINE REGISTRATION ONLY</td>
<td>TRACKWRESTLING</td>
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<tr>
<td><strong>HAWKEYE NATIONALS</strong></td>
<td>January 18-19 2020</td>
<td>Young Arena</td>
<td>January 10th</td>
<td>January 14th</td>
<td>Jan 18: Grades 3-4, 5-6, Jan 19: Grades K, 1-2, 7-8</td>
<td>NO</td>
<td>WEBSITE</td>
<td>ONLINE REGISTRATION ONLY</td>
<td>TRACKWRESTLING</td>
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<tr>
<td><strong>GOPHER STATE NATIONALS</strong></td>
<td>February 8-9 2020</td>
<td>Monticello High School</td>
<td>January 31st</td>
<td>February 4th</td>
<td>Feb 8: Grades 3-4, 5-6, Feb 9: Grades K, 1-2, 7-8</td>
<td>NO</td>
<td>WEBSITE</td>
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**FORMAT**

Wrestlers from all states are eligible. Open registration; double elimination; top wrestlers in each weight class identified and seeded into bracket; wrestlers from same club will be separated.

**ENTRY FEE**

$40 - $45 per wrestler *(Pre-Registration is MANDATORY)*

No additional membership/card fee required. Refunds will not be issued after the entry deadline - no exceptions.

**LATE ENTRIES**

Late entries will **not** be accepted.

**START TIMES**

Wrestling will begin at 9:00am (subject to change)

**NO SHOWS**

Wrestlers who have registered but will not be able to attend are strongly encouraged to let us know before the tournament. Please send an email to wssgeneral@gmail.com.
WEIGH-INS/ RULES/ GRADES

From 7:00-8:30am on the day you wrestle (Friday available for some events)

- We will not re-bracket or refund wrestlers who do not make their declared weight.
- All participants must weight in and go through a skin check to be cleared to wrestle. If a wrestler has any type of skin rash, they must present a letter from a doctor or physician. The letter must state the affliction is not in the contagious phase during the tournament. Persons conducting the skin checks will make final determinations.

- Parents will not be allowed at the scales at weigh-ins.
- A test scale will be on-site when available.
- Limit weight-loss activities to running, spitting and bathroom prior to final weigh-in. All other weight-cutting activities are prohibited.
- Singlet must be worn during weigh-in.
- Wrestlers must weigh at or less than the weight selected during registration.
- Weight classes are determined by grade and weight.
- We will not re-bracket or refund wrestlers who do not make their declared weight.
- Wrestlers are allowed to enter only one grade division and weight class per day.

WEIGH-IN TIMES

Friday Weigh-Ins (Yellowjacket & Badgerland):
Must weigh at or below registered weight. NO ALLOWANCE.
Saturday/Sunday Weigh-Ins (All Events): 7:00am-8:30 on the day you wrestle
Wrestler will have a .9 allowance.

WEIGHT CLASSES

- Pre-K & K: 40, 45, 50, 55, 60, HWT
- 1st & 2nd Grade: 40, 45, 50, 55, 60, 65, 70, 75, 80, 90, HWT
- 3rd & 4th Grade: 52, 56, 60, 63, 66, 69, 72, 75, 80, 85, 90, 95, 105, 115, 125, HWT
- 5th & 6th Grade: 60, 65, 70, 74, 78, 82, 86, 90, 95, 102, 110, 120, 130, 155, HWT
- 7th & 8th Grade: 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 140, 150, 160, 175, HWT

RULES

This event will be conducted according to the rules as outlined by the high school association where the tournament is located with the exceptions listed below. This applies to wrestling techniques as well as conduct, attire and decorum on the mat.

- No coaches on mats prior to the start of wrestling.
- Singlets and headgear are required; laces must be taped.
- Matches will not be delayed if there is not a coach present. The wrestler can choose to either wrestle with a coach or forfeit.
- Calls made by the officials are final. Protest will not be accepted.
- Wrestlers are allowed to enter only one grade and weight class per day.

GRADE VERIFICATION

You must bring current year grade verification and present it to the tournament director upon request. Anyone questioning the grade/eligibility of another wrestler must file an official protest with the tournament director and submit a $100 cash deposit. If the protest is upheld, the $100 will be returned to the person issuing the protest. If the protest is not upheld, the $100 fee will not be returned.

TIMING FACTORS

Three (3) 1-minute periods for Grades: Pre-K & K, 1st-2nd, 3rd-4th
Three (3) 1.5-minute periods for Grades: 5th-6th, 7th-8th
## Awards

1st-6th places will receive a custom medal. The MWT Belt will be awarded to wrestlers who place 1st - 4th at three of the four MWT tournaments.

## Admission Fee

Wrestlers will be admitted free of charge. Coaches and spectators will have to pay an admission fee.

- **Daily Admission:** Adults - $10; Students - $3
- **Two-Day Pass:** Adults - $15; Students - $5

## Floor Pass

In an effort to limit the number of people mat-side, we offer floor passes. This fee will be in addition to the daily admission fee. Two individuals with a floor pass will be allowed to sit in the wrestler’s coaches corner.

- **1-Day Floor Pass - $10**
- **2-Day Floor Pass - $15**

## Brackets

- 4, 5 & 6-person Round Robin; 8-person bracket; 16-person bracket; 32-person bracket
- Weight classes with more than 32 wrestlers will be split by grade.

## Mats

- Full mats for all grades when space allows.
- Pre-K & K, 1 & 2 may be reduced to half mats if needed (Full mats are preferred)

## Officials

High School Certified

## Insurance

If a wrestler currently has their own medical/accident insurance, there will be no additional card or insurance fees required to participate in the MWT events. Contact us if you are in need of insurance.

## Concessions

A full concession stand will be available with some healthy options. No Carry-Ins, coolers or outside food will be allowed to be brought into the facility.

## Sponsor

**Cliff Keen Athletic**

## Communication

Communication will be delivered via email and the [Midwest Wrestling Tour website](http://www.midwestwrestlingtour.org). **Be sure to provide a valid email address when you register.**

## Note

All information provided in this entry packet is subject to change.

## Contact Info

- **Website:** [www.midwestwrestlingtour.org](http://www.midwestwrestlingtour.org)
- **Email:** lance@wisportsservices.org
- **Phone:** 608-210-1710

## Highlights

- Identify top wrestlers and seed into brackets in an attempt to avoid early matchups
- Full integrated Trackwrestling setup; Electronic score clocks
- Live Streaming for every match on Trackwrestling
- Big Brackets
- Full Mats
- Ability to view registered wrestlers
- Live online results
- Wrestlers from 12-15 different states every year
- Increased effort to recruit wrestlers from other states
- Big Custom Medals
- Brackets posted online before tournament
- 1.5 minute periods for Grades 5th - 8th
- High School Certified Officials
- First-class facilities