



2020 Program Cover

Design Contest

Every year we give our participants an opportunity to submit their artwork to be considered for the Midwest Regional Swim Meet Program Cover. Show us what you got!

Submit art on:

1. The artwork submitted must be no more than 5" horizontal and no more than 7" vertical either on paper or sent via e-mail
2. Horizontal orientation (see example ←)

Rules & Guidelines

1. Only one entry per person
2. All entries should depict a "swimming" theme
3. Entries must be original design & artwork
4. Must submit this form with artwork

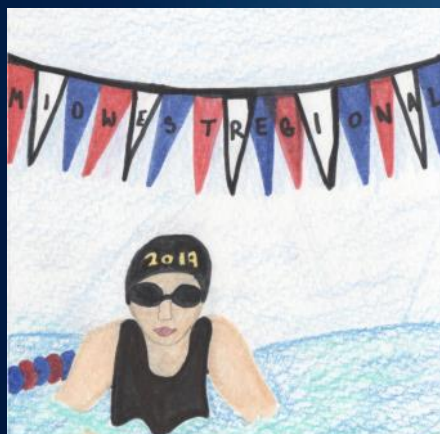
Entries due by March 13, 2020

Name of Swimmer

Phone Number

Team Name

Age



2019 Contest Winner



Winner will receive a FREE program and a \$50 gift card to Dick's Sporting Goods!

Submit Entries to:

MYAS

1011 Osborne Road NE
Spring Lake Park, MN 55432

Bobby Strickland
Bobby@myas.org