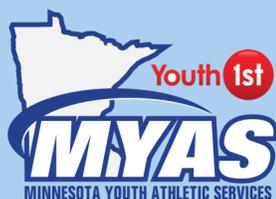


# Safe Play: Back to the Hardwood

## Minnesota Youth Basketball COVID-19 Competition Safety Guidelines

Updated 10/27/2020



### FACILITIES

#### Mandatory

- Maximum of 250 people per area at any given time slot during competition—areas defined by distinct separation having their own entry/exit.
- Total capacity cannot exceed 25% of maximum capacity.
- Whenever possible, everyone should enter and exit through separate designated areas.
- All participants and spectators (players, coaches, officials, staff, spectators, and game personnel) will be required to wear face coverings.
- Team personnel and officials are allowed to remove face coverings when actively participating in the competition.
- Limited spectators are allowed inside facilities. Please see guidelines outlined by hosting facility.

#### Recommended Best Practices

- Leave some open court space in the facility to make it easier for spectators to practice social distancing from others.
- Operator should consider moving concessions stands outdoors (if possible) and only selling pre-packaged items.
- Operator should have hand sanitizer and disinfectant available throughout the venue.
- As a general rule, follow the guidelines outlined by the hosting facility in terms of capacity and other social distancing measures.

### ARRIVING AND LEAVING THE FACILITY

- **All attendees must, whenever possible, maintain six feet of distance from anyone outside their household.**
- Participants must enter and exit the facility in a timely fashion and not congregate outside or inside facility. Following competition, they must leave facility immediately.
- Establish staggered entrance and exit protocols.
- Team meetings are strictly prohibited in the facility.

- Ridesharing should be kept at a minimum.
- Hand washing or hand sanitizing, when soap and water are not available, is strongly recommended when arriving at and leaving the venue.
- Host should consider staggering game start times or clearing out the facility after each set of games.

### GAMES

- **On-court competition will remain the same.**
- No handshake lines after games; this will be replaced with a Sportsmanship Salute.
- Game ball sanitized before, during, and at the completion of each game.
- Each team is responsible for bringing hand sanitizing products.
- Huddles during pre-game, halftime, and timeouts must be properly distanced.
- Each team must sanitize the bench area before, during, and after each game.
- Bench seating must allow for social distancing to take place.

- Hand sanitizing is strongly recommended before, during and after all games.
- Any bench personnel should wear face coverings.
- When contact takes place during a game, players and officials should resume physical distance as soon as possible following a play.

### COACHES & TEAM MANAGER

- **Repeatedly remind players not to touch their faces.**
- Maximum of three coaches allowed on the bench for each team.
- Must conduct a daily symptom assessment and stay home if experiencing symptoms.
- No touch rule – coaches must refrain from high fives, handshake line, and any other physical contact with fellow coaches, opposing coaches, players, referees, and spectators.
- Coaches must wear face coverings at all times.
- Coach/Team Manager should track and manage all rostered players and spectators present at competition(s) for contact tracing.

- Each team is responsible for bringing hand sanitizing products. Using sanitizer before, during, and after competition is strongly recommended.

**“Be a Good Teammate!”**

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### Mandatory

### Recommended Best Practices

#### ATHLETES

- **Outside of your game-time, you must maintain six feet distance, whenever possible, from any person outside of your household.**
- No sharing of food or drinks.
- Players must refrain from high fives, handshake line, and (outside of game-play) avoid any other physical contact with teammates, opposing players, coaches, referees, and spectators.
- Athletes must wear face coverings while not actively participating on the court. This includes on the bench.

- Whenever possible, equipment and personal items should have proper sanitation and should not be shared. If equipment must be shared, proper sanitation should be administered between users.
- Hand sanitizing is strongly recommended when you come off the floor during games.

#### PARENTS, SPECTATORS & GAME PERSONNEL

- **Must maintain six feet distance from any other person, outside of your household.**
- Face coverings are required for the entire duration that you are inside the facility.
- Limited spectators are allowed inside the facility and may only enter with advanced reservation/ticketing through organizers.
- Must conduct a daily symptom assessment and stay home if experiencing symptoms.

- Hand washing or hand sanitizing, in the absence of soap and water, is strongly recommended during the games.
- Per Minnesota Department of Health (MDH) guidance, it is strongly recommended that spectators remain at least 12 feet away from the closest participant—meaning, at least 12 feet from the bench or the court, whichever is closest.

#### OFFICIALS

- **All officials must maintain six feet distance, whenever possible, from other persons.**
- Must conduct a daily symptom assessment and stay home if experiencing symptoms. Organizers/Officials' Assignor must track and manage all officials present for contact tracing.
- Must avoid exchanging documents or equipment with any other person.
- No touch rule – referees must refrain from physical contact with coaches, players, and spectators.
- Officials must wear face coverings while not actively participating on the court.

- Hand washing or hand sanitizing, in the absence of soap and water, is strongly recommended during the games.

#### COMMUNICATION AND CONFIRMED CASES

- Each team must keep an accurate log of their roster players/spectators and opponents, including opposing coaches' contact information. In the case of someone being infected, this document will be necessary for MDH to perform contact tracing.
- Organizers must post these guidelines at their facilities, where applicable, and disseminate them to all coaches, officials, players, and parents.
- Organizers must contact the MDH about any suspected case of COVID-19 or known exposure.

- These guidelines should be communicated to all organizers for dissemination to coaches, officials, and parents, and posted at facilities.
- Facility operators should post signage promoting physical distancing, including directing foot traffic and outlining spectator areas.
- Organizers should regularly communicate to their coaches, referees, players, and parents that they should stay home should they be experiencing any symptoms.

Resource: [health.Sports.Covid19@state.mn.us](mailto:health.Sports.Covid19@state.mn.us)

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### Questions

#### Symptoms & Screening Assessment

- Do you have temperature of 100.4 (F) or higher?
- Do you have a new or worsening cough today?
- Do you have any of these other symptoms?
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - New loss of taste or smell
  - Sore throat
  - Congestion or runny nose
  - Nausea or vomiting
  - Diarrhea

USCAH COVID Care Package (COVID Education & *GameDay* Ready App) is recommended for all practices and competition in order to verify completion of daily screening assessment and to maintain accurate attendance.

### Requirements

- Conduct a screening assessment prior to arriving at the facility.
- If you answered “Yes” to having any of the symptoms listed, you **must** stay home.

#### When to start and end quarantine when exposed to a lab-confirmed case of COVID-19

People who have been in **close contact** with someone who has COVID-19—excluding people who have had COVID-19 within the past 3 months.

People who have tested positive for COVID-19 do not need to quarantine or get tested again for up to 3 months as long as they do not develop symptoms again. People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.

#### What counts as **close contact**?

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person
- You shared eating or drinking utensils
- They sneezed, coughed or somehow got respiratory droplets on you

# STAY SAFE MN

MDH Guidance [COVID-19 Sports Guidance](#)  
[COVID-19 Decision Tree](#)



[MYAS](#)

[COVID-19 Resources](#)



**YOUTH SPORTS DONE RIGHT**

“Be a Good Teammate!”