

2022 MYAS GOPHER STATE SPRING BASKETBALL

PLAYING RULES & POINTS OF EMPHASIS



Revised 3/31/22

National Federation of State High School Associations rules will apply, with the following modifications.

Each team must provide a scorekeeper. One person is responsible for operating the score clock while the other will fill out the official MYAS score sheet.

Home Team- Listed on the top of the bracket or Team 1 in a pool, will wear light jerseys, and their scorekeeper is responsible for operating the score clock.

Visiting Team- Listed on the bottom of the bracket or Team 2 in a pool, will wear dark jerseys, and scorekeeper is responsible for filling out the official MYAS scoresheet.

MYAS/Youth 1st Conduct Policy - Abuse of any kind directed toward an official or opponent will not be tolerated and will result in suspensions and disqualifications. See 2.e. for detailed explanation.

1. Timing Factors

- For 2022 all grades will play 20-minute, running time halves with stop-time the last two-minutes of the second half.
- Warm-ups and halftime: Each team will be given a minimum of 3 minutes to warm up prior to tip-off. More time will be allowed if possible. Half time will not exceed 5 minutes. **NOTE:** The Tournament Director has the authority to adjust the length of the halftime if necessary.
- Time outs are limited to three 60-second time outs per game.
- The overtime period (if necessary) will be "2-point sudden victory". First team to score two or more points wins. To start the period, there will be a jump ball at center court. Each team will be awarded one time out to use in each overtime period (no carryover of unused time outs from regulation).
- Grace Period:** Each team will be given a 10-minute grace period for their **first** game of the tournament. After a team's first game, game time is start time.
- A game should not begin earlier than the posted game time AND both teams must agree on an earlier start time if opportunity exists.**

2. Playing Rules

- Technical & Intentional Fouls:** Two points and the ball will be awarded to the opposing team (do **not** shoot free throws on technical & intentional fouls).

- Defense/Pressing:**

| Grades | Half-Court Defense | Full-Court Defense |
|--------|-----------------------|--------------------|
| 3-4 | Person-to-Person Only | Not Allowed |
| 5-12 | No Restrictions | No Restrictions |

Exception: **NO** teams may use a full-court press if they are ahead of their opponent by 20+ points.

Penalty: After the first warning, the penalty for each violation of this rule will be a technical foul.

- If a team is ahead by 15+ points with two minutes or less remaining in the second half, the remainder of the game will be played under running time. After a time out, the clock will start when the ball is touched by any player inbounds.
- FORFEIT POLICY:** Please make every effort to get to your games. If you need to forfeit a game for COVID-19 related reasons, please send an email to rich@myas.org as soon as possible to notify him of the forfeit. We will then notify the opposing team. Be sure to list your complete team name and grade of the team.
- MYAS/Youth 1st Conduct Policy:** **Any player, coach, or spectator who violates the posted Youth 1st Environment before, during or after a contest, WILL forfeit their team's opportunity to continue participation in the tournament AND the actions may result in a temporary or permanent banishment from any MYAS sponsored events. The on-site Protest Committee reserves the right to uphold this policy.** All disciplinary action will be sent to the Youth 1st Alliance - Conduct Review Committee, an independent group for review and recommendations at the completion of the tournament. Notification of any disciplinary action may also be shared with other Minnesota event operators during the spring/summer season.

- f. **Ejection Policy:** Any player, coach or spectator who has been ejected from a contest is declared to be ineligible for the remainder of that contest **AND** the next scheduled contest. Any player, coach or spectator ejected for **flagrant unsportsmanlike conduct** will be ejected for the remainder of the entire competition and may be subject to additional disciplinary action(s). Some examples of “flagrant unsportsmanlike conduct” include, but are not limited to fighting, repeated verbal abuse, intentional actions that inflict or intend to inflict bodily harm, cheating (such as use of a declared ineligible player or coach), repeated use of profane language, etc.
- g. The Protest Committee may review a disqualification only if the situation merits further consideration. Any ruling by the Protest Committee is final. Furthermore, any person ejected from a contest must leave the vicinity (**out of sight and sound**) of the playing area immediately and is prohibited from any further contact (**direct or indirect**) with the team until such time that the suspension has been lifted. Failure to comply with the rules of ejection may result in **game forfeiture**.

3. Equipment

- a. Free throws and ball size.

Free throw shooters may not cross the free throw line until the ball hits the rim.

| Grades | Free Throws | Ball Size - Boys | Ball Size - Girls |
|--------|-------------|------------------|-------------------|
| 3-4 | 12 Feet | 27.5 | 27.5 |
| 5-6 | 15 Feet | 28.5 | 28.5 |
| 7-12 | 15 Feet | 29.5 | 28.5 |

- b. **Uniforms:** Jersey tops must be of identical color and it is recommended they be numbered on the front **and** back. The following numbers are recommended: 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54 and 55. A team may **not** have both numbers 0 and 00. Teams are encouraged to bring two sets of jerseys, if available.
- c. Teams are responsible for providing their own first-aid and sanitizing supplies.
- d. All jewelry must be removed **prior to** stepping onto the court. Players are **not** allowed to tape over any kind of jewelry (earrings, bracelets, necklaces, etc.).

4. Eligibility

- Boys must play on boys’ teams and girls must play on girls’ teams.
- Rosters are limited to a maximum of 12 players.
- No changes to your roster are allowed during a tournament once you have played your first game.
- For Spring Championships, players are only allowed to play on one team.
- Grade divisions are based on the 2021-22 school year.

Documentation and Protests:

- a. Coaches do NOT need to submit grade or age verification for their players to the MYAS prior to the tournament. However, they MUST have grade and age verification for all players with them at all times during the tournament. Failure to produce grade verification (i.e., any school issued I.D. or document listing the athlete’s name and current grade) and age verification (i.e., copy of birth certificate, student I.D. with birth date, or signed letter from school verifying birth date) upon request may result in suspension of play and/or disqualification.
- b. If a team files a protest and requests to see another team’s grade and/or birth documentation during the tournament, they must **FIRST** supply their own team’s grade/age documentation and a \$100 cash protest fee to the MYAS Tournament Director. The protest fee will be returned if the protest is upheld.

Bench Personnel:

- Only those players whose names appear on the official tournament roster may sit on the team bench.
- The bench is limited to 12 players and no more than three other persons (i.e. coaches, scorer, etc.), to a maximum of 15 persons.
- No young children (non-players) will be allowed to sit on the bench. Other individuals must sit in the designated spectator seating area.

