

Athlete COVID Protocol Recommendations

UPDATED
8/12/2022

VACCINATION STATUS	TEST POSITIVE	CLOSE CONTACT Someone who is < 6 feet for a cumulative total of 15 min or greater in a 24-hour period
FULLY IMMUNIZED AND UP TO DATE <ul style="list-style-type: none"> • 2 doses of Pfizer/Moderna + booster • 1 dose of J&J + booster • 2 does of Pfizer/Moderna within last 5 months • 1 dose of J&J within last 2 months 	<ul style="list-style-type: none"> • Isolate for 5 days (date of positive test is day 0) and then if fever free x 24 hours (without fever reducing medications) and symptoms are improving you may end isolation. • Recommend wearing a high-quality mask through day 10 for indoor group settings 	<ul style="list-style-type: none"> • No formal quarantine required, monitor symptoms. • Test on day 5 (day of close contact is day 0) if available. • Recommended a well-fitting mask and distancing for indoor group settings
POSTIVE COVID TEST WITHIN LAST 90 DAYS <ul style="list-style-type: none"> • Must have recovered and remain symptom free 	<ul style="list-style-type: none"> • No testing recommended if asymptomatic 	<ul style="list-style-type: none"> • No formal quarantine required, monitor symptoms, consider test on day 5 (day of close contact is day 0). • Recommended a well-fitting mask and distancing for indoor group settings for 10 days after close contact
FULLY VACCINATED/ BOOSTER ELIGIBLE <ul style="list-style-type: none"> • 5+ months since last dose of Pfizer • 6+ months since last dose of Moderna • 2+ months since J&J dose 	<ul style="list-style-type: none"> • Isolate for 5 days (date of positive test is day 0) and then if fever free x 24 hours (without fever reducing medications) and symptoms are improving you may end isolation. • Recommend wearing a high-quality mask through day 10 for indoor group settings 	<ul style="list-style-type: none"> • No formal quarantine required, monitor symptoms. • Test on day 5 (day of close contact is day 0) if available. • Recommended a well-fitting mask and distancing for indoor group settings for 10 days after close contact
NOT COMPLETELY VACCINATED <ul style="list-style-type: none"> • Only 1 shot Pfizer or Moderna • Single shot of J&J 2+ months ago without J&J booster 	<ul style="list-style-type: none"> • Isolate for 5 days (date of positive test is day 0) and then if fever free x 24 hours (without fever reducing medications) and symptoms are improving you may end isolation. • Recommend wearing a high-quality mask through day 10 for indoor group settings 	<ul style="list-style-type: none"> • No formal quarantine required, monitor symptoms. • Test on day 5 (day of close contact is day 0) if available. • Recommended a well-fitting mask and distancing for indoor group settings for 10 days after close contact
UNVACCINATED	<ul style="list-style-type: none"> • Isolate for 5 days (date of positive test is day 0) and then if fever free x 24 hours (without fever reducing medications) and symptoms are improving you may end isolation. • Recommend wearing a high-quality mask through day 10 for indoor group setting days 	<ul style="list-style-type: none"> • No formal quarantine required, monitor symptoms. • Test on day 5 (day of close contact is day 0) if available. • Recommended a well-fitting mask and distancing for indoor group settings for 10 days after close contact