2026 MYAS GOPHER STATE SPRING BASKETBALL

PLAYING RULES & POINTS OF EMPHASIS

Revised 2/25/26

National Federation of State High School Associations rules will apply, with the following modifications.

Each team must provide a scorekeeper. One person is responsible for operating the score clock while the other will fill out the official MYAS score sheet.

Home Team- Listed on the bottom of the bracket or Team 2 in a pool, will wear light jerseys, and their scorekeeper is responsible for operating the score clock.

Visiting Team- Listed on the top of the bracket or Team 1 in a pool, will wear dark jerseys, and their scorekeeper is responsible for operating the score clock.

1. TIMING FACTORS

a. All grades will play 20-minute, running time halves with stop-time the last two-minutes of the second half. If a team is ahead by 15+ points with two minutes or less remaining in the second half, the remainder of the game will be played under running time.

b. Warm-ups and halftime: Each team will be given a minimum of 3 minutes to warm up prior to tip-off. More time will be allowed if possible. Half time will not exceed 5 minutes. NOTE: The Tournament Director has the authority to adjust the length of the halftime if necessary.

c. Time outs are limited to three 60-second time outs per game. Each team will be awarded one ⍰me out for each over⍰me period with no carryover of unused ⍰meouts.

d. The overtime period (if necessary) will be "2-point sudden victory". First team to score two or more points wins. To start the period, there will be a jump ball at center court. Each team will be awarded one time out to use in each overtime period (no carryover of unused time outs from regulation).

e. Spring Championships Tournament Exception:

f. The 1st overtime period will be two-minutes, stop-time.

g. The 2nd overtime period will be played until the tie is broken via the "2-point sudden victory" rule outlined above

h. Grace Period: Each team will be given a 10-minute grace period for their first game of the tournament. After a team's first game, game time is start time.

i. A game should not begin earlier than the posted game time AND both teams must agree on an earlier start time if opportunity exists.

2. PLAYING RULES

a. **Technical & Intentional Fouls:** Two points and the ball will be awarded to the opposing team (do ***not*** shoot free throws on technical & intentional fouls).

b. Defense/Pressing:

Grades	Half-Court Defense	Full-Court Defense
3-4	Person-to-Person Only	Not Allowed
5	Person-to-Person Only	Person-to-Person Only
6-12	No Restrictions	No Restrictions

Exception: ***NO*** teams may use a full-court press if they are ahead of their opponent by 20+ points.
Penalty: After the first warning, the penalty for each violation of this rule will be a technical foul.

3. POLICIES

Forfeit Policy: Please make every effort to get to your games on ⍰me. Forfei⍰ng a game in any MYAS basketball event will place your team on proba⍰on and there will be a $200 per game fine assessed. This fine MUST be submi⍰ed to the MYAS Tournament Director/ Site Coordinator or the MYAS staff/office (if applicable) prior to your next scheduled game. Forfei⍰ng a second game will automa⍰cally SUSPEND your team (including all coaches and rostered players) for a period of one calendar year from the date of the second forfeit.

Ejection Policy: Any player, coach, or spectator who has been ejected from a contest is declared to be ineligible for the remainder of that contest and the next scheduled contest. Any player, coach, or spectator ejected for flagrant unsportsmanlike conduct will be ejected for the remainder of the en⍰re compe⍰⍰on and may be subject to addi⍰onal disciplinary ac⍰on. Some examples of "flagrant unsportsmanlike conduct" include, but are not limited to figh⍰ng, repeated verbal abuse, inten⍰onal ac⍰ons that inflict or intend to inflict bodily harm, chea⍰ng (such as use of a declared ineligible player or coach), repeated use of profane language, etc.

MYAS Conduct & Safety Policy: MYAS is committed to providing a safe, positive, and productive environment for all participants, coaches, officials, and spectators. Any player, coach, or spectator who violates established conduct expectations before, during, or after a contest may forfeit their team's opportunity to continue participation in the tournament AND may be subject to temporary or permanent removal from any MYAS sponsored events. The on-site Conduct & Safety Review Committee, consisting of on-call MYAS Staff, Tournament Director, Host Site Representative, and Head Official, reserves the right to enforce this policy and determine immediate action based on the situation. All disciplinary action will be sent to Conduct & Safety Review Committee, an independent group, for review and recommendations at the completion of the tournament.

Player Eligibility Protest Policy: Only a head coach may protest a player's eligibility as it pertains to the player's grade and/or eligibility to participate with an association. The protest must be submitted in writing to the Tournament Director and must be accompanied by a $100 per player cash protest fee. The coach submitting the protest must provide grade verification or school attendance documentation (depending on what they are protesting) for all players on their own team. The protest fee will be returned if the protest is upheld.

Disqualification Policy for an Ineligible Player: If it is determined that a player is ineligible to participate, they will be removed from participation at the time of discovery. If discovery and confirmation happens while the ineligible player is playing in a game, that game will be forfeited. If discovery and confirmation happens after a game, the previous game will be determined to be a forfeit. Game results for any games completed prior to those described above will not be changed.

4. EQUIPMENT

a. Free throws and ball size.
Free throw shooters may not cross the free throw line until the ball hits the rim.

Grades	Free Throws	Ball Size - Boys	Ball Size - Girls
3-4	12 Feet	27.5	27.5
5-6	15 Feet	28.5	28.5
7-12	15 Feet	29.5	28.5

b. **Uniforms:** Jersey tops must be of identical color and it is recommended they be numbered on the front ***and*** back. The following numbers are recommended: 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54 and 55. A team may ***not*** have both numbers 0 and 00. Teams are encouraged to bring two sets of jerseys, if available.

c. All jewelry must be removed ***prior to*** stepping onto the court. Players are ***not*** allowed to tape over any kind of jewelry (earrings, bracelets, necklaces, etc.).

5. ELIGIBILITY & PERSONNEL

- Boys must play on boys' teams and girls must play on girls' teams.
- Rosters are limited to a maximum of 12 players.
- No changes to your roster are allowed during a tournament once you have played your first game.
- For Spring Championships, players are only allowed to play on one team.
- Grade divisions are based on the 2025-26 school year.

Documentation: Coaches do NOT need to submit grade or age verification for their players to the MYAS prior to the tournament. However, they MUST have grade and age verification for all players with them at all times during the tournament. Failure to produce grade verification (i.e., any school issued I.D. or document listing the athlete's name and current grade) and age verification (i.e., copy of birth certificate, student I.D. with birth date, or signed letter from school verifying birth date) upon request may result in suspension of play and/or disqualification.

Bench Personnel:

- Only those players whose names appear on the official tournament roster may sit on the team bench.
- The bench is limited to 12 players and no more than three other persons (i.e. coaches, scorer, etc.), to a maximum of 15 persons.
- No young children (non-players) will be allowed to sit on the bench. Other individuals must sit in the designated spectator seating area.